Your child’s education begins at home.

加州教師協會與加州州立 PTA（家長教師協會）協力向你提供以下建議，以便孩子得到最佳的學業成功機會。

1. 勤問 • 向孩子詢問當天課堂上的學習內容 — 他們喜歡什麼和學到了什麼 — 問這些問題即可向他們表明學業的重要性。

2. 安靜的學習條件 • 選擇做功課的地點，並確保學習時段內室內的環境安靜。創造安靜的場所對幫助孩子學習大有裨益。

3. 有規律的作息制度 • 在一天的時間當中專心把家庭作業劃定在某個時段。督促孩子以確保他們完成家庭作業，並能及時上交作業。

4. 一起學習 • 如果你想要孩子閱讀其作業安排，就應當也給自己安排一些作業。當他們該做功課時，你可以休息一下，花幾分鐘讀些書、雜誌或報紙。

5. 隨處學習 • 通過把學校與日常生活聯繫起來的方式，來增加孩子對功課的興趣。比如，孩子可以在你準備喜愛的食物時一起學習分數和尺寸。

6. 約見老師 • 通過與孩子的老師會面來瞭解他們學習的課程和在學校的進步情況。

7. 讚揚的輔助作用 • 當孩子成功完成作業後，應適度讚揚。來自父母的讚揚是對孩子的最佳鼓勵。

The California Teachers Association and the California State PTA have joined forces to offer some tips for you that will give your children the best opportunity to succeed in school.

1. Just Ask. Ask your children what they studied in class today — what they liked and what they learned. Asking questions shows that school is important.

2. Quiet Study. Choose a place for home study and make sure the room is quiet during that time. Creating a quiet place goes a long way toward helping your children learn.

3. Regular Schedule. Set up a certain time of day that is dedicated to homework. Follow up with your children to be sure their homework is complete and turned in on time.

4. Learn Together. If you want your children to read their assignments, give yourself an assignment, too. When it’s time for them to do homework, take a break and spend a few minutes reading a book, magazine or newspaper.

5. Learn Everywhere. Increase your children’s interest in homework by connecting school to everyday life. For instance, your children can learn fractions and measurements while you prepare favorite foods together.

6. Meet Their Teachers. Meet with your children’s teachers to find out what they are learning and discuss their progress in school.

7. Praise Helps. Praise your children for successfully completing homework. Nothing encourages children more than praise from their parents.