



TEACHERS FOR HEALTHY KIDS

Learning Comes Easier To A Healthy Child

To give kids a better chance to learn, the California Teachers Association and the California Association of Health Plans are promoting the state's "Healthy Families" and "Medi-Cal for Families" health coverage programs.

Teachers have always known what experts are just now discovering— that there is a direct link between children's health and school success. It is no surprise that the lowest- performing schools have the highest number of children eligible for, but not enrolled in, public health insurance programs.

Health plans and teachers agree— The time to fix this problem is now.

What Can Teachers Do?

Teachers have been a missing link in school health outreach efforts.

- Teachers are trusted messengers of information to parents.
- Teachers can provide reliable information and refer parents to those who can help them enroll in no or low-cost health coverage programs.

What Can Health Insurance Plans Do?

Health plans can provide technical assistance to teachers and school districts.

- Health plans can support school efforts that enroll children in insurance programs.
- Health plans can become part of the school health outreach team.

Why Is This Project So Important?

Without access to health care, students face daunting challenges in meeting California's testing requirements and high academic standards.

- Nearly a million California kids are without health insurance.
- Countless school hours are lost due to dental pain, vision problems and illnesses that could be prevented or treated.





Healthy Families & Medi-Cal for Families Complete Health, Dental & Vision Coverage!

Medi-Cal for Families^{3/4} No cost coverage

- No monthly premiums
- No co-payments for any benefit

Healthy Families— No cost for preventive services

- \$5 co-payment for non-preventive services
- Monthly premiums from \$4-\$9 per child per month to a maximum \$27 per family
- Choice of major medical, dental and vision plans

Eligibility^{3/4} Covers children from birth to age 19

- Determined by family income and size
- A family of 4 can make up to \$3,771 a month and still be eligible for coverage
- Available to U.S citizens, U.S. nationals and qualified immigrant children
- Other programs may be available for those children who may not meet these eligibility requirements.

FOR MORE INFORMATION:

Teachers for Healthy Kids
(916) 554-0996
(916) 441-2615 FAX

To get more involved, CTA members should call their local president, primary contact staff person, or call the CTA Community Outreach Office at (213) 251-8088.

For the State Healthy Families/Medi-Cal for Families Information Line call
Toll-free: 1-888-747-1222



Teachers for Healthy Kids, a collaborative effort between health insurance plans and teachers, is dedicated to improving the health of students and their chances for academic success. Working in partnership with parents, school health staff, administrators, government agencies and community groups, the mission of the project is to help those students without access to health care obtain comprehensive and affordable health coverage.

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